

JLAP  
STATEWIDE

# Support Groups

FOR MORE INFORMATION CALL  
317/833-0370

TOLL-FREE AT 866/428-JLAP (5527)

*topics will be determined by the group!*



## SUBSTANCE USE

### **Indianapolis**

1st Wednesday/Month at 6:00 PM

### **Merrillville**

1st Wednesday/Month at 5:30 PM

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## CARE FOR THE CAREGIVERS

### **Central Indiana**

2nd Thursday/Month at Noon

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### *Group Purpose*

- Provide a safe & confidential place for lawyers, judges, and law students to discuss concerns with other members of the legal profession
- Share in problem solving, provide support, & reduce isolation
- Peer Support, not intended to replace treatment or structured 12-step work, but to supplement that work



*Indianapolis Groups  
Offer Participation by Phone!*

## MENTAL HEALTH & WELL-BEING

Work place stress, Family Issues, Health Concerns, Grief and Loss, Maintaining a Healthy Life Balance, Substance Use Issues, Burnout or Fatigue

**Merrillville:** 1st Thursday/Month at 6:00 PM

**Indianapolis:** 3rd Wednesday/Month at 6:00 PM

**Jeffersonville:** 1st Tuesday/Month at 6:00 PM

**Fort Wayne:** 3rd Monday/Month at 6:00 PM

**Evansville:** Last Wednesday/Month at Noon



JLAP provides confidential assistance to judges, lawyers and law students who may be encountering issues resulting from disease, chemical dependency, mental health problems, or age that could impair their ability to practice in a competent and professional manner.